

Issue # 66 Jan. 2010 continued

18-Jan-10 12:38pm 31°

I thought I would do some work today. I didn't mean go to work just do some. I have a mess of thing to get done so I decided today would be the day. I figured it I didn't spend too much time messing on the computer I might get it all done today. So here it is almost one o'clock and I have to go out to see Ammie at Town and Country then return to enter my Georges. Oh by the way my Where's George scores in now 579.05.

19-Jan-10 8:03pm 21°

Anniversary

Happy Anniversary Sandi & Larry!

20-Jan-10 7:13am 24°

Good Morning! I just remembered that I had printed issue 65 and set it by my chair where I watch TV with my eyes shut to edit. It has been sitting there for 3 days now and I have not looked at it yet. Yes, I will do it today.

Birthdays

Today I have two birthdays to report Hilda and George Burns. Happy Birthday where ever you are.

21-Jan-10 9:32pm 29°

George Score

591.20

22-Jan-10 12:26pm 33°

I have been resting after pulling a muscle while trying to move some of that snow at the end of the driveway. I guess it didn't want me to move it. I think I will leave the rest of it there until spring.

My back is still sore. I hurt mostly while am standing and try to sit or I am sitting and try to stand. If I am standing sitting or even walking it is only sore and does not hurt.

So right now I am sitting here printing the prior issue of this newsletter. I guess I should turn the printer back on. It prints much faster that way.

23-Jan-10 2:56pm 36°

At breakfast and lunch today I found out that my restaurant list already needs some updating! Give me a few minutes and I will get that done.

Birthday

Happy Birthday Ethan!

Almost Won the Lottery

The other day I left Vaughan's the same Mary did. She said she was going next door to get lottery tickets. I haven't had any since Anila stopped working there so I tagged along to give them my three dollars. I always get 3 it is my lucky number. For some reason it feels like the number 3 has worked best for me. Maybe I just think that so it works for me.

Anyway I got one each of Little Lotto, Lotto, and Mega Millions. Thursday night I checked the Lotto and Little Lotto ticket and I saw I match 7, 31, and 32 on the Little Lotto ticket. That would be a \$10.00 winner!

This morning I checked the Mega Millions and I matched nothing. This is my normal luck with the lottery. Oh I have a New Mexico scratch off ticket worth a dollar. The ticket is still sitting there waiting for me to drive to New Mexico to cash in. It has been sitting there since I was there last February.

Well I thought I should recheck the Little Lotto ticket before I went to get my ten

bucks. I checked the date on the ticket and it was 01/20/10 and I looked up the numbers and not one matched. What! I looked again and nothing.

What was I looking at Thursday? I looked and looked and finally found I had looked at the numbers for Thursday night. My ticket was for Wednesday the 20th. When did they start drawing Little Lotto on Thursday? It uses to be Monday and Wednesday.

I guess I almost won \$10.00!

Restaurant List

New Eatery

Yesterday at Town & Country someone said there was a new Restaurant down the street. I see the sign says "Golden Roll's, Sushi Bar and Grill". I don't know if they are open yet but the signs are up.

Corrections from Mary

Mary was telling me about Tarts and Truffle on Cast Street. She said that they had their door locked the other day. She said that they were closed to the public and were just doing catering now.

I just drove up there and I missed them on my original list. I have walked by this place dozens of times and still did not remember them.

Since I looked and did not see I must tell you about them.

**Tarts & Truffles...
Cakes & Catering
Pastries, cakes, lunches and gift items.**

- ♥ Thanksgiving and holiday dinners, roast turkey and gravy, mashed potatoes, sweet potatoes, dressing, pie and/or creme brule available for Thanksgiving pick up.
 - ♥ We have a wide variety of cupcakes with different flavors daily
 - ♥ Homemade candies for the Christmas/holiday season
 - ♥ Catering for your holiday party
 - ♥ New items arrive in our retail shop weekly. Stop by and visit.
- Location: 124 Cass Street, Woodstock, IL

From the Web Site: <http://www.tartsandtruffles.net/index.html>

How many of you didn't even know they were there?

Corrections from Aunt Annie

Aunt Annie had a list for me to correct. Julie Ann's is closed. That is where Golden Roll's is now.

Kaleidoscope is out of business
Blimpie Sub & Salad is gone. They were where Town & Country Restaurant #2 is now. I should have known that. I just left there at 2:30.

Aunt Annie also reminded me that the Dairy Queen does not have seating on the inside. I guess I have to change what I call an eatery to a place that you have a place on the property to sit and eat that they supplied.

Besides I have been eating at the dairy Queen since the 1950's. They stay!

Correction Summary

Closed

Blimpie Sub & Salads
Kaleidoscope
Julie Ann's

Added to List

Tarts & Truffles Cakes & Catering
Golden Roll's Susie Bar & Grill
La Salsa

Questions Asked Today

How do you make Soy Milk?

Jack LeLanne's Power Juicer Elite make soy milk. Remember in issue #65, I wrote a little about him. I thought that was neat that it made soy milk. Go to review this <http://www.powerjuicer.com/power-juicer-elite.html>.

Back to how to make soy milk.

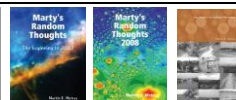
How to make soy milk?

It's very easy to make [soy milk](#) at home. If you make soy milk on a daily basis you might find an automatic soymilk maker (also called soy milk machine) such as Soyajoy, Soylife, Miracle, Soyquick, Soyawonder or Vegan Star very helpful.

Step1: Ingredients

You need about 125 g (about 1/4 lbs) whole soya beans to make 1 liter (about a quart) of soy milk.

I have a collection of newsletters I wrote for my amusement and gave to my friends and family for their enjoyment. I put them all in books.



You can preview these and other books along with other stuff at my store. Marty'sRandomThoughts.com/store

Step2: Soaking and dehulling the soya beans

Clean the soya beans and soak them in water for 10 - 16 hours. Although not necessary, you can remove the hulls by kneading the soya beans and flushing the loose hulls with water. Removing the hulls makes the extraction process more efficient. An alternative is to crack the soya beans before soaking. The hulls come loose easily and can be washed away. When you use cracked soya beans you need less soaking time: 6 - 8 hours.

Step3: Heating the soya beans (optional)

Heating the soya beans will destroy enzymes which are responsible for the development of beany flavour. This heating can best be achieved by microwaving the wet soaked soya beans during 2 minutes.

Step4: Grinding the soya beans

Grind the soaked soya beans and 1 liter (about a quart) water in a blender. Sieve the mixture through a cheese cloth and recover the soy milk. The insoluble material which remains on the sieve is called okara, and can be used as an ingredient for bread making or as cattle feed.

Step5: Boiling the soy milk

Heat the soy milk till boiling point and continue boiling for about 5 to 10 minutes. After cooling, the soy milk is ready and can be kept in the fridge for another 3 days.

Step6: Flavouring the soy milk (optional)

The soy milk can be drunk as such but taste can be improved by adding some salt (also cow milk contains a lot of salt).

With soy milk you can easily make your own [fruit smoothie](#). Fruit smoothies are very healthy because they contain soy milk and a lot of fresh fruits.

Source: <http://www.soya.be/how-to-make-soy-milk.php>

PS: I converted some of the Metric s to English measurements for you.

24-Jan-10 8:03am 32°

Birthday

It is Ina's birthday. Happy Birthday Ina!

25-Jan-10 10:22am 30°

We sure had a lot of snow melt in the last couple of days. I had a big puddle of water in the front yard yesterday. This morning it dipped just below freezing. This is good because it will give the rivers a chance to catch up. And the snow flurry will cover up the dirty snow.

Keeping Up

I am trying to keep up with my restaurant list. I just told you about the changes the other day. Well I have some updates.

The China Buffet has a sign up saying "Now Open." Scoops is not open yet though it looks like it might be soon. And the Golden Roll's has a sign the says "Coming Soon"

I have made all of the updates to my restaurant list on my website and fixed it so I could read it on my cell phone and on my PC at home. If you want to check it out go to

<http://www.doerofthings.com/lists/restaurants/>

Did I Tell You

Last Monday I was moving snow from the end of the driveway and wrenched my back. I was throwing it on the pile that was about six feet high and must have pulled something. It got worse and then better but still hurt last night. I was ready to go to the doctor. This morning I woke up and it is only sore. So I decided to give it another day and see how it feels.

Being a guy I have to tuff it out. Well don't I?

New Note Book

I was going to use my new PDA cell phone to write my ideas for the newsletter. I am doing that a little but it is much easier to use pencil and paper.

My note pad was getting ratty so I bought a new one yesterday. Now I have to check what notes are in there that I haven't told you about and you might want to know about before I retire it. It starts on Feb. 4th, 2009. Yes 2009! I wonder what I am going to find.

The first thing that catches my eye is July 14, 2009. It says "Break Down 8:00pm US54/IL107 14345 Mi... towed to Pittsfield, IL." Remember last year when I headed to see Mike and Petra and spent 2 days in the Ford parking lot when the fuel pump went out on the motor home? Well I remember!

Here is something from July 18th. I never answered. It says; "Where the expression 'Teed Off' come from? I have in is it from tea or golf. I most likely didn't check that because I think I was still over by the Mississippi River. I will save that one for later.

On July 20th it just says "24,000,000,000,000." That was about how

much money the news said that the government had thrown at the economy. I wonder what the number it now. It is six months later now.

Aug 12th. Did make a bad bet with Cork? I have a note here that says; "\$1,000,00,000,000 to Cork." There is a zero missing so I guess I may not owe him quite that much.

Here is a funny note on Aug 19th. It is a list that just says; "Foot Stool, Owl, Bear, Goat." Anyone have any idea what that is about? I have no idea!

On Aug 29th there is a note to go to www.SaveMyButt.com. I am remembering getting this from Dave. That is Linda's Dave. This web site has a bunch to thing you can used to keep your computer smooth. Check it out if you want.

Sep-7th I just have Amos & Andy written down. How many of you remember this show. I just went out to Netflix and added them to my list. There was only two DVD listed for them.

Oct. 17 I have a question from Heather. She asked what 'disheveled' meant and where did it come from. Here you go Heather:

di-shev-eled or **di-shev-elled** (dī-shĕv'ĕld)
adj.

1. Being in loose disarray; unkempt, as hair or clothing.
2. Marked by disorder; untidy: a disheveled pile of books on the library table.



Disheveled

[Middle English *discheveled*, from Old French *deschevele*, past participle of *descheveler*, to *disarrange the hair* : *des-*, *apart*; see **dis-** + *chevel*, *hair* (from Latin *capillus*).]

Source: <http://www.thefreedictionary.com/disheveled>

On the 8th of December I have written: "What happened to Elsie. I was asking about Elsie the Cow. She used to be the logo for Borden's Milk. When I first went out to the internet to find out what happened to Elsie the Cow I found that the first Elsie died in 1941. This is the Elsie I



remember. There were many logos throughout the years.

December 24 I have a note that Bill Murray was at The Three Brother in 1992 and not 2002 on April 6th. That means it is coming up on 18 years since they made the Groundhog movie in Woodstock. Wow!

Here is one dated January 10th this year. Kim said that if you are in a restaurant with your kids you should keep them in the booth with you and not wondering all over the restaurant.

Another thing on the 10th it says "Thick Rain." I have called it "Whiting." Whiting and Thick Rain are slangs I have heard for when it is snowing. Just like what is happening now.

Kim also told me that you can watch old TV shows at <http://www.fancast.com/> for free. I haven't been much for watching TV on a PC. Even though I could hook my PC to the TV to watch it on the bigger screen it hasn't been something have wanted to do. I see they have movies too and it looks to be free. Check it out.

That brings me up to the 23rd of January and I have already put that in the newsletter.

So that is for the old notebook. Know I can go and watch Star Trek

26-Jan-10 8:03pm 11°

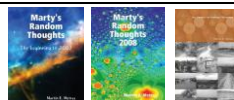
Birthday

So Cheli you are having another birthday. I sent you a Christmas newsletter last month that you never received. I have it laying here for you. One of these days I will see you and make sure get it. Thanks for updating me with the correct address. Happy Birthday Cheli!

27-Jan-10 11:32am 20°

I think I cut up all the quilting blocks I want for a while. There must be 30 or 40 different kinds of material there. And I am guessing there is over 2000 pieces.

On the 4th I am going to a class at Sewing Concepts to figure out what to do with them. Maybe they will tell me that now that I have then all cut in little pieces I should just sew them back to gather again ☺



Wait the building is Sewing Concept but I go to class at Hopscotch Square. Same store, different place!

Clean up

For now I am going to spend a little time doing Maintenance to the DoerOfThings.com web site. When I started up this newsletter again I kind of let it go. Maybe you didn't even know I was a Doer of Things.

This is part of my de-cluttering project. I have a tendency to save everything in case I might need it in 20 years or so. Well some of my stuff has been here for 20 years twice and I know of a couple of things that might have held on to for twenty years 3 times.

I went out to this web site for "15 Great De-cluttering Tips" <http://zenhabits.net/2007/10/15-great-decluttering-tips/>. Some of the ideas I use but I still have a long ways to go.

Pilgrims

Just got an email from Mike it looks by the end of next week they will be in Santiago.

29-Jan-10 8:17am Zero°

I returned from breakfast and it doesn't feel like it is only zero°. It only feels cold. Maybe it is because the wind isn't moving yet.

Birthday

Today is Ammie's birthday. Ammie works at Town & Country Family Restaurant #2, mostly on Mondays. I think she is working with Voviolla this evening. Happy Birthday Ammie!

Corrections and Additions

I have messed up quite a bit as late. I have too events that I have wrong on my birthday list. First Sandi & Larry's anniversary is not the 22nd of January it is the 19th. And Kim's dad's birthday is not the on February 14th it is the 13th. Sorry about that. I think I have it changed now.

I have another birthday to add to the list. Lily's Birthday is on June 17th. She told me this morning so I hope I have this one right. Lily works at Town & Country.

New Project

I have been trying to maintain my birthday list in three places. I have the list I always had on the web site with a link from the where you can read the newsletter online. There is the Web Calendar that has a link on the front page. And the third one is a little smaller and easier for me because can read it on my cell phone.

With the events listed 3 paces I have make sure I make changes in all 3 places. If I get interrupted while doing it some times one might not get updated. After retiring from being a database administrator I should know better than have my data in more than one pace.

There should be one database and it should be accessible from many places. Everyone should see the same list of data no matter how it looks. So I have to think this out and make sure all list are the same and them put the data in one location and just change the ways it is views.

I have a few ideas I just have to think it out before I make the changes.

Quilt



This is a quilt you can make in a one of the quilting classes at Sewing Concepts

I think that it is neat that you can do that for leftovers.

31-Jan-10 8:03 am 12°

Birthday

For those of you who forgot today is Steve's Birthday. I can think of three Steve's on my list. This one is part of the one that lives about a 200 feet in a straight line from me. Happy Birthday Steve!

1-Feb-10 10:19am 23°

I drank way too much coffee with breakfast this morning. I stopped at Starbucks at and had one of their bold coffees. Then went to Town and Country to have Breakfast with Anila and drank way too much more. I should have had decaf as I usually do. Well I should be old enough to know better by now. Maybe not!

Old Friend

While I was at Town and Country Oley came in. I had seen him in a long time. Do you know he is about 81 now and is still going strong? We worked together at the Auto-Lite (Woodstock Die Casting) He was still working there when I left in 1982. Wow that is 28 years ago.

Electric Usage

Remember about a year and a half ago when I had that very big electric bill? I decided to try and lower my bill by fifty percent.

Today they gave me a new electric meter. This meter records how much electric I am using each hour. If the cost of electricity is high for that hour I pay more it if is low I pay less.

What this means that if the cost of electricity is high this hour I can wait to wash or dry clothes until the cost is lower and save a few bucks. I can go to the Internet and find out the spot cost price I am paying for electricity and adjust what wait if needed. I will have to see the normal times when the cost are lower and adjust some of when I do things. Right now a lot of what I do is very **random**.

Yes my actions and thought are random. Well that is except my 9:30 coffee break. It is usually 9:30 to 10:30 in the morning. Woops I am eight minutes later this morning.

Facebook

In the last two days I have had two people ask me to join them on Facebook.

I have had people ask me in the past too. I have resisted. I have my newsletter and that has been enough for me. A lot of my friends don't have computer or don't use them very much. Having Facebook is just another thing for me to keep up with.

Well I am going to check out Facebook and see if it is something I want to use. I will let you know later.

New Month

Wow, it is February! I have to start a new issue. I guess I can leave a couple pages blank in this issue. Oh I will put March birthday in here and then cut this issue off.

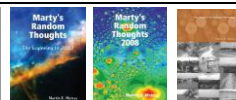
Well I added March birthday and there is still a lot of space left over. I guess I could put a couple pictures in the extra white space and leave the rest blank for you to use for scratch paper.



Here are some of those quilting blocks I cuts. Thursday I will be sewing some of them back together.



It is time for my coffee now so I am going to leave you for a while now. I will be back to finish this up and start the next issue.
Marty



Birthdays

January

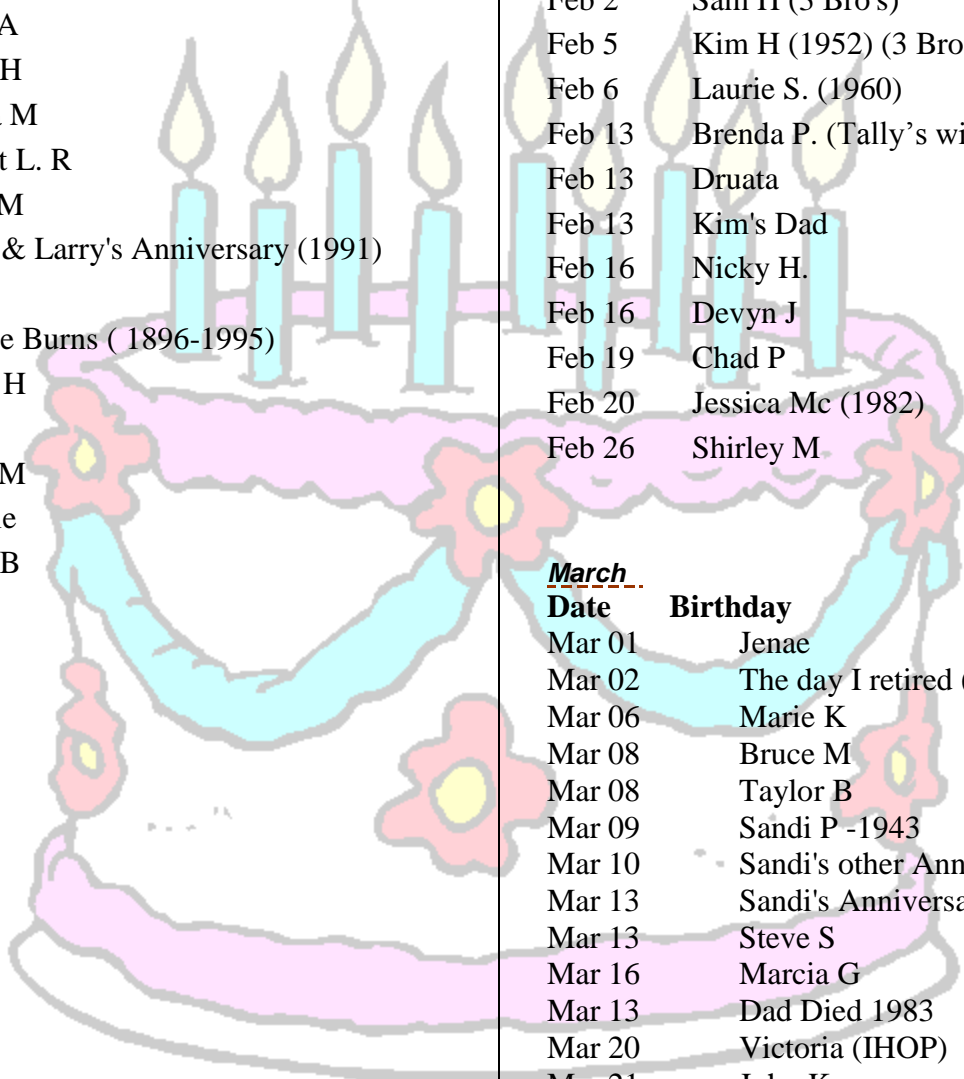
- Jan 1 Ned H
- Jan 6 Kim Mc
- Jan 6 Mike A
- Jan 6 Kelly H
- Jan 15 Tonya M
- Jan 15 Robert L. R
- Jan 16 Mike M
- Jan 19 Sandi & Larry's Anniversary (1991)
- Jan 20 Hilda
- Jan 20 George Burns (1896-1995)
- Jan 23 Ethan H
- Jan 24 Ina
- Jan 26 Cheli M
- Jan 29 Ammie
- Jan 31 Steve B

February

- | Date | Name |
|--------|--------------------------|
| Feb 2 | Josh H |
| Feb 2 | Sam H (3 Bro's) |
| Feb 5 | Kim H (1952) (3 Bro's) |
| Feb 6 | Laurie S. (1960) |
| Feb 13 | Brenda P. (Tally's wife) |
| Feb 13 | Druata |
| Feb 13 | Kim's Dad |
| Feb 16 | Nicky H. |
| Feb 16 | Devyn J |
| Feb 19 | Chad P |
| Feb 20 | Jessica Mc (1982) |
| Feb 26 | Shirley M |

March

- | Date | Birthday |
|--------|-----------------------------|
| Mar 01 | Jenae |
| Mar 02 | The day I retired (2007) |
| Mar 06 | Marie K |
| Mar 08 | Bruce M |
| Mar 08 | Taylor B |
| Mar 09 | Sandi P -1943 |
| Mar 10 | Sandi's other Anniversary |
| Mar 13 | Sandi's Anniversary -1977 |
| Mar 13 | Steve S |
| Mar 16 | Marcia G |
| Mar 13 | Dad Died 1983 |
| Mar 20 | Victoria (IHOP) |
| Mar 21 | John K |
| Mar 29 | My Brother Jake (1957-1985) |
| Mar 30 | Christine P |



HAPPY BIRTHDAY